



Docs Menu

Oct 14 - Oct 20



- Sunday** Ranch Chicken, Meatloaf
Seasoned Turnip Greens, Field Peas, Squash Casserole, Mashed Potatoes with Gravy
- Monday** Fried Tilapia, Chicken Pot Pie
French Fries, Boiled Okra, Sliced Carrots, Steamed Broccoli with Cheese Sauce, Coleslaw
Chef's Special: Hamburger Bar and Fries
Healthy Options: Crab Stuffed Tomatoes
- Tuesday** Hamburger Steak with Gravy, Fried Pork Chops,
Mashed Potatoes, Speckled Butter Beans, Seasoned Turnip Greens
Chef's Special: Crispy Mountain Chicken Salad with BLT Dressing
Healthy Options: Grilled Chicken Tenders, Mixed Grains, Steamed Broccoli, Corn
- Wednesday** Beef Tips with Rice and Gravy, Ranch Chicken
Macaroni & Cheese, Buttered Green Beans, Vegetable Blend, Pinto Beans
Chef's Special/Healthy Options: Burrito with Spanish Rice & Black Beans
- Thursday** Baby Back Ribs, Lasagna
Steamed Cabbage, Baked Beans, Sweet Green Peas, Whole Kernel Corn
Chef's Special: Chicken Wings and Fries
Healthy Options: Peach Glazed Pork Tenderloin, Normandy Blend Vegetables, Mashed Potatoes, Green Beans
- Friday** Fried Fish Fillet with Hush Puppies, Lemon Pepper Pork Chop
Scalloped Potatoes, Stewed Apples, Green Bean Casserole, French Fries
Chef's Choice
Healthy Options: Roasted Turkey with Gravy, Black-eyed Peas, Sautéed Spinach
- Saturday** Salisbury Steak with Gravy, Fried Chicken Tenders,
Broccoli with Cheese sauce, Potato Wedges, Baked Beans, Rice

Mon- Fri: Breakfast 6:30am - 9:30am (9:00am, Sat & Sun)

Lunch 11:00am - 1:30pm (1:00pm, Sat & Sun)

Menus Items are Subject to Change